

AQ-10 for Children Aged 12 - 15

What is it?

'AQ-10' stands for Autism Spectrum Quotient, and is comprised of 10 statements. It is a tool used to identify people who may benefit from an autism assessment.

Before you start:

You can choose to fill out the AQ-10 digitally or manually. Filling it out digitally is easier, because your score is calculated automatically for you. You must have Adobe Acrobat installed to fill it out digitally.

How does it work?

Take some time to read the 10 statements carefully. Tick the box that most accurately represents how your child relates to each statement. Note that it makes no difference to your score whether you choose 'slightly' or 'definitely'. Scoring is based on whether you agree or disagree, not on how strongly you feel.

Name of child <input type="text"/>	Date <input type="text"/>	Definitely agree	Slightly agree	Slightly disagree	Definitely disagree
1. I notice patterns in things all the time		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I concentrate more on the whole picture, rather than the small details		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. In a social group, I can easily keep track of several different people's conversations		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. If there is an interruption, I can switch back to what I was doing very quickly		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I frequently find that I don't know how to keep a conversation going		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I am good at social chit-chat		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. As a child, I used to enjoy playing games involving pretending with other children		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I find it difficult to imagine what it would be like to be someone else		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. I find social situations easy		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. I find it hard to make new friends		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total					

Manual scoring

If you are unable to download Adobe Acrobat, or would simply prefer to complete the AQ-10 questionnaire by hand, you can print the form and fill it in using a pen. You will then need to calculate your child's score manually using the guidance below.

How to score the AQ-10:

- Each question is worth a maximum of 1 point.
- Award 1 point if you answered 'Definitely Agree' or 'Slightly Agree' to questions 1, 5, 8, and 10.
- Award 1 point if you answered 'Definitely Disagree' or 'Slightly Disagree' to questions 2, 3, 4, 6, 7 and 8.

Once you have completed all the questions, simply add up the total number of points. This gives you your child's AQ-10 score.

Interpreting the score:

If the total score is 6 or above, the clinician or healthcare professional who provided the questionnaire may consider referring your child for a comprehensive autism assessment.

Please note: the AQ-10 is a screening tool only. It is not designed to provide a diagnosis but may indicate whether further assessment is recommended.